

"MPD" MULTIPLE PERSONALITY DISORDER (SRA) PART 1 OF 2 "DID" DISSOCIATIVE IDENTITY DISORDER, "PTSD" "THE SLEEPING GIANT"

Overview:

What is MPD?..What are alters?..Commonly mis-diagnosed MPD disorders
PTSD..Origin of alters/insiders..The Angelic side..
Triggering mechanisms..Physical manifestations of alters
The effects on our society..
MPD in association with charismatic witches
How to recognize MPD..Communication with your alter
From the alters/insiders point of view
Satanism..SRA..Satanic Ritual Abuse..Demons and alters
Integration..Understanding MPD is a key to understanding the Godhead

In the following teaching I will explain exactly what MPD is and just how common it is in our society. I will reveal that it is a spiritual idea and that is why so few people ever get diagnosed and helped. I call it the **SLEEPING GIANT** because it is so prevalent in our society, yet so few understand it. If more people understood it, millions of people would receive help.



WHAT IS MPD?..WHAT ARE ALTERS?

1Cor. 10:13 *No temptation has overtaken you but such as is common to man; and Yah is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, that you may be able to endure it.*

MPD-Multiple personality disorder (otherwise called "Dissociative Identity Disorder"), DID, is a condition in which the host persons (soul and spirit), becomes divided (dissociated) into two or more distinct identities (personalities, persons) due to a serious traumatic event that takes place in their life. Usually this takes place in their childhood years, but it can happen at any point in time. Each of these persons (a person inside a person, so to speak), have distinct and individual personalities, with a soul and a spirit of their own. These persons, are called alters. They have access to all the functions of the hosts physical body and will often use the body as they come forward and manifest as a person. We acknowledge them as "insiders", also. You might say that there are a multitude of persons sharing the same body. Most alters have normal feelings and emotions just like any other human being, after all, they are human beings, they are not from outer space. Alters/insiders usually have their own name, and each have their own individual tastes, likes, and dislikes, similar to any other distinct separate person. Everywhere in this article where the title "alter" is used, we mean, "insiders" also.

Alters deserve to be treated like any other human being even though they share another body. Alters are people, plain and simple. The medical world may call them a disorder, but that is a totally inaccurate description. They are not a disorder, they are the end result of Yahveh's (God's) protection for the human mind. They can be compared to the breaker box in a house, if you have an electrical shortage of current in a wire because of an overload, rather than burn the entire house down, the breaker for that section of the house "snaps off" to protect the entire well being of the house. Without this snapping off of the breaker (alter), the entire house, could, and in many cases when the breaker malfunctions, does, burn down. Yahveh has allowed the human mind to withstand overloads by using this system of protection. Yah (God) is the one that deserves

the credit for this, and no-one else can take away that credit. Because YHVH is the one who allowed the breaker to close, and the alter to break off, He too, is the one who must switch the breaker back on and repair the damage to all the wiring. The alter cannot be integrated without divine help from above.



Medical experts in the secular realm may spend months and even years (at \$200.00 or so an hour), to try to integrate alters back to the host with no success, but a saint, under the direction of the Holy Spirit (Ruach), can have multiple alters integrated in minutes. I, personally have integrated thousands of alters and would like to share what I have learned with anyone with ears to hear and eyes to see.

COMMONLY MIS-DIAGNOSED MPD DISORDERS

There are over 200 disorders that are attributed to anxiety and personality by the mental health professionals. The following are a few examples of MPD (Multiple personality disorder) that are commonly mis-diagnosed as something else:

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| Acute stress disorder | Adjustment disorder | Agoraphobia |
| Antisocial personality disorder | Anxiety disorder | Attention deficit disorder |
| Avoidant personality disorder | Bi-polar disorder | Borderline personality disorder |
| Brief psychotic disorder | Dependant personality disorder | DID Dissociative identity disorder |
| GAD Generalized anxiety disorder | Histrionic disorder | Intermittent explosive disorder |
| OCD, Obsessive-compulsive disorder | Narcissistic disorder | Night eating disorder |
| Panic disorder | Paranoid personality disorder | Passive aggressive disorder |
| PTSD Post traumatic stress | Sadistic personality disorder | Seasonal Affective Disorder (SAD) |
| Self-defeating disorder | Schizoid personality disorder | Schizotypal personality disorder |
| Sleepwalking disorder | Social anxiety disorder | |

PTSD (Post Traumatic Stress Disorder)

One of the most mis-diagnosed disorders in the mental health field is PTSD.

The common mental health description of PTSD is as follows:

PTSD (Post Traumatic Stress Disorder) is an anxiety disorder that can occur after a person has been through a traumatic event such as a natural disaster, accident, sexual or physical abuse, terrorist attack or military combat. Combat related PTSD has existed for centuries, known as "soldiers heart", "shell shock", and "combat fatigue".

According to the mental health specialists, the symptoms of PTSD are:

- Having recurrent nightmares.
- Acting or feeling as though the traumatic event were happening again, sometimes called a "flashback."

Being physically responsive, such as experiencing a surge in your heart rate or sweating, to reminders of the traumatic event.

Having a difficult time falling or staying asleep.

Feeling more irritable or having outbursts of anger.



Feeling constantly “on guard” or like danger is lurking around every corner.

Making an effort to avoid thoughts, feelings, or conversations about the traumatic event.

A loss of interest in important, once positive, activities.

Experiencing difficulties having positive feelings, such as happiness or love.

According to the mental health professionals PTSD is common among those in the military, police forces, emergency medicine fields, hospital emergency wards, security forces, etc. These are people who witness trauma that is beyond the normal.

The common pharmaceutical medicine given to supposedly help people with PTSD is from the family known as SSRi's (selective serotonin reuptake inhibitors), like Zoloft and Paxil. These drugs simply make the patient lethargic, so to speak, similar to medications used for people with depression, like Ritalin, Adderall, and Prozac.

ORIGIN OF MPD ALTERS/INSIDORS

Most MPD/DID alters originate during the persons childhood because of a particular situation, trauma, fear, scary event, etc., that the child perhaps could not escape from. These alters then function on their own as a separate person. This alter is created to contain the explosion of scary thoughts and trauma associated with the event. In more simple terms: The alter takes the bullet for the host person. The alter actually saves the life of the host person.

This separate identity, male or female, absorbs the emotions tied to the memory of the event, and seals them off from the rest of the host personality in order to keep the persons mind from overdosing. In cases where multiple events take place multiple personalities are developed to handle the overload of emotions, trauma, and fear associated with the events. The alter keeps the hurtful memories apart from the mind of the individual so as not to damage the mind of the host person. In most cases the alter will not want to talk about the extreme situation that caused their breaking off. In many cases the alter actually has no idea how, when, where or why they came into existence. They can't explain how they came into being, just that they are.

Alters are not born, as humans are, they are created. They are special, not a disorder as society calls them. They have a special place in Yah's plan.

Transgender

Because alters can be male or female, sometimes the host person ends up with confusion about his or her real identity. A male alter may want to act and dress like a male when they manifest in the body, and a

female alter naturally wants to do the same, depending on their gender. Many claim they were born one sex but reject that gender and feel like they they should change their sexual orientation because of the confusion. This can cause the host person to be confused as to whether he or she is really male or female. We hear this constantly talked about as trans-genders, neutral gender. People who say they were born one gender yet cannot understand why they are so confused about their identity. Many are commonly called Drag Queens, AD/DC, or Cross Dressers, because of all this confusion. The host appears to be perfectly normal in every way, yet sometimes finds him/her self dressing up as the opposite sex, depending on whether a female or male alter is manifesting in the host's body at the moment. It doesn't take much imagination to understand how this would cause serious issues in every aspect of their life. In many cases, for example: a male alter in a female host, may be totally embarrassed about the way the host dresses and creates havoc on the inside because they are upset. No man wants to dress like a women, and no woman wants to dress like a man, so it's easy to understand the chaos that may occur. The person thinks they are going crazy.

ALTERS, THE ANGELIC SIDE

For many, the following explanation of what alters/insidors really are, will be too difficult to comprehend. For many who believe in angels, it will make much sense, and perhaps answer some lingering questions you have always had about Guardian Angels. There are many mysteries in life that can only be explained spiritually, because they are in fact, spiritual. Science has become Mankind's God, but this doesn't make it the

truth. There are many things that scientists can't explain because they don't have the leading of the Holy Spirit. These things include some of the following: hell, heaven, angels, demons, love, the human mind, alters, ghosts, spirits, witchcraft, curses, blessings, etc.. We will in the following, deal with one of those mysteries.. alters.

Most people are familiar with the fact that there really are angels helping mankind. Most have heard various explanations as to the purpose of angels on earth. The following will provide a detailed explanation of one of the important duties of Guardian angels working with all of mankind. Please remember there are three types of angels: Guardian, Ministering and Warrior. We will be explaining about Guardian angels here.



An insidor/alter is created when a Guardian angel steps into a traumatic situation that an individual encounters, whether secular or saved. Yah has provided all humans with guardian angels. Every single person has at least one guardian angel with him or her at any given time. Their purpose is to protect that individual from whatever bad experiences life may throw at them. They are there to help us all cope with serious trauma. Guardian angels step in to help all of us many times during our life, most of the time without us ever knowing about it. This is an example of Yah's true love for all His creation. Most don't appreciate the extent of His LOVE. Perhaps it gives a fuller meaning to a well known verse.

Hebr. 13:2 Do not neglect to show hospitality to strangers, for by this some have entertained angels without knowing it."

ANGELS STEPPING IN

The following are a few examples of what events may cause an angel to step in: rape, death of a friend, surprises of any kind, (horror shows etc.), the witnessing of a murder, an accident, a fight, intense argument, etc..

When an extreme situation arises, our guardian angel makes contact with our human body, spiritually, while the traumatic situation takes place, in order to protect our mind from overdosing from too much trauma. The main purpose of the angel stepping, in is to take away most (if not all) of the terrible memory encountered because of this terrifying event. To literally save our mind which is part of our soul. Yah places great value on the human soul. The moment the angel makes contact with our body an alter is the result. The spirit of the angel then becomes dormant until the alter is saved and integrated, or the person dies. This pain, trauma and memory are encased in a human form known as an alter. Depending on the particular situation, the created alter can be male or female, regardless of what gender the host person is. In other-wards, a man can have female alters and a woman can have male alters. I believe that about 80% of all women have alters and about 50% of the men. Most people who have alters, truly have no idea they even exist!

All my personality's waiting patiently for me to decide who will be running the show today.



As it was in Genesis when the Holy Spirit of Yah was breathed into dust to create a human (soul, spirit and body), so too a human soul and spirit are created inside an existing body by the messenger of the Most High. This is a spiritual encounter that can only be understood from a spiritual standpoint. That's why the secular world doctors cannot understand or deal with multiple personalities, other than just talking to them and perhaps making deals with them. This alter is of a spiritual nature, a specially gifted human being with a type of spiritual connection that is hard to explain. After this spiritual induction takes place, two things can happen. The alter can accept Yeshua as his or her Messiah and be integrated back to the host person, or they will (in most cases), simply exist inside the body of the host until he or she dies. In the rare case when an alter is lead to salvation and integrated, the angel is re-activated and goes about his next duty helping people.

Alters formed by the divine interaction with the angel have many of the same attributes as the host person and the same choices as any other human being. They have the right to choose whichever way they want to go spiritually, just like anyone else. They are for all intense and purposes the same as all other humans, except they must share a body. Because they are people, their soul and spirit will then, (upon death), will either go to the dark side or light side of Hades when the host person dies.

Insidors share a lot of things with the host person automatically, as if drawing from a similar data base. For example, the moment an alter is formed, they will know much about the history, life, etc., of the host person without anyone revealing it to them. insidors share a lot of things with the host. They often share thoughts, memories, tastes, likes, dislikes, etc., similar to any individual that is like a twin. They have a spiritual type bond that is almost impossible to explain. It's almost as if their minds are somehow connected.

This description of an alter/angel may be too much for some to swallow. I can only briefly explain as best I can here. To those who chew on it before they swallow, I ask Yah to grant them the wisdom to understand.

TRIGGERING MECHANISMS

Whenever you are in an intense state, adrenaline pumping; when your mind and body are linked together because of a particular trauma, a specific stimulus is given at the peak of your emotional high, your mind and body may become neurologically linked. Then, anytime that particular stimulus is created it automatically produces the same negative emotional state you previously encountered involuntarily without you being able to consciously control it. So anytime a particular circumstance arises and you do, feel, or say things that are not like you, it is the neurological link being established between your bad memory and the bad experience.

This may be triggered by a tone of voice, certain songs, faces, places, events, certain vehicles, people, animals, scary situations, etc., that stir up bad memories. The Apostle Paul said in His letter to the Romans. **Rom. 7:19 "For the good that I wish, I do not do; but I practice the very evil that I do not wish, but if I am doing the very thing that I do not wish, I am no longer the one doing it, but sin which dwells in me"**

We can “lose” the power and effects of those bad memories and “lose” the strongholds guarding them with prayer. We can remove this behavior through prayer. Behavior is an action and response to a stimulation.



When an alter is created, it will always associate some part of that trauma with the pain and anger, fear, etc. of the event. Whatever the alter associates with this event is called a triggering mechanism. Whatever happened at the time the alter broke off is its trigger. For example: if a young girl was raped by a man, the alter broken off because of the trauma will never forget the face of the man who raped the host person. If at some time the host person comes in contact with someone who perhaps looks like the man who raped her, the broken off alter, if she is watching, may manifest, take over the body and physically attack the man in question. The alters response is simply terror, hatred, anger, etc. associated with the physical features of

the man she is in company with. This same trigger can take place in regards to many things like music, smell, touch, any of the things the five sense of the human body associates things with. We can all recollect specific events, bad or good, that we associate with particular music, smell, friends, vehicles, etc. Any one of these things may trigger an alter to come forward and respond in some way to the situation. Most of us understand the power of smell, it is a perfect example of something that is commonly used to trigger an alter to come forward.

ALTERS (First, Second, Third and even Fourth generation)

In extreme cases, we have found that even alters can become traumatized and have alters break off of them. It is quite simple to explain: if an alter is up and out, using the hosts body, etc., and something horrific occurs to scare that alter, the natural angelic mechanism Yahveh built into us would still save the host (which in this case would be an alter). An alter could then break off an alter to protect the original host alters mind from breaking down. It may at first seem far fetched, but I have personally witnessed 30 alters that broke off of an existing alter that was involved in Satanism. Yes, alters can have other alters break off. To take it a step further, I have had one case of over 100 alters who broke off an alter, who broke off an alter, who was broken off from the host person. A third generation alter. This however, is highly unusual. As of Oct/01 I have met and integrated a fourth generation alter. She was an alter of an alter, of an alter, who had an alter.

PHYSICAL MANIFESTATIONS OF ALTERS/INSIDORS-SWITCHING

When alters are down, they can watch what is going on with the host if they so desire. To them it is like looking through a window, they can either look or not, whatever they wish at the time, depending on their interests. Most insidors never figure out how to come forward and use the body, so they spend their lifetime watching the world through someone else's eyes, a window of sorts. Those that do figure out how to come forward at will and go down at will, can sometimes abuse this ability and get the host person in trouble, whether because of ignorance or innocence. In many cases the host person understands there is something wrong (strange going on), but is unable to figure out what it is.

It is very hard to explain, and even harder for others to comprehend, but alters can see themselves as having totally different physical features, then that of the host. The following are some examples of things insidors may encounter.

1 An alter may say she has brown hair, when in fact the host has blonde hair. They may say they are 5 ft 10 inches tall, when in fact the host is only 5 feet tall. They may see themselves as skinny, whereas the host is very heavy, etc.. When an alter looks in the mirror they see themselves at the age they were when they broke off.

2 The host may be sitting down enjoying a can of Pepsi. The alter comes up and removes the Pepsi, replacing it with Coke.

3 The host (or one alter), may be sitting in a restaurant drinking coffee. A switch takes place, another alter comes up, and she asks the waitress why she has coffee in front of her, stating clearly that she only drinks tea. To add to the confusion, imagine the waitress coming back to the table with tea, unaware that another switch

has taken place. The new alter then tells the waitress to remove the tea and bring her some coffee. These occurrences are much more common place than most people realize.

Waitresses can probably identify with things like this happening quite often. Maybe this explanation will help them, and many others in the service industry.

4 A host complains of a migraine headache. When talking to the alter, she has no headache at all, and vice versa. They have separate yet shared bodies.

5 Another example I have personally witnessed, an alter having no physical problems or pain, when in fact the host was in terrible pain of passing a kidney stone.

6 An example of an even more confusing physical and mental situation goes as follows: A female host person goes out to a lounge with the girls for a good time. The host is afraid to drink and drive, so she doesn't indulge in any alcohol. The music starts and a man comes over and invites the host to dance. The host person hates dancing, but an alter who is watching from the inside, takes advantage of the opportunity and joins the man for an evening of dancing and drinking. The unsuspecting man buys some drinks and they have a good time. Lets say the alter now gets drunk, the man being concerned, (assuming he is not drunk), offers to drive her home so she doesn't drink and drive. Lets say he goes to the bathroom for a moment and a switch takes place, the host person (married), comes forward and wonders what on earth she is doing sitting at a table with a total stranger, (with her friends watching and wondering). The man comes back from the bathroom and finds a completely sober lady sitting at his table acting very strange with him. The man can't figure out what on earth is going on, as the woman abruptly tells him to leave her alone. She then soberly drives home with no physical problems and no sign of drunkenness.

7 In severe cases an alter may decide to go for a drive for no particular reason. She goes down and the host finds herself stranded out in the middle of nowhere, wondering how she got there. In most cases the host doesn't understand what has happened, but is afraid to confide in anyone about the strange situation she found herself in, for fear others may think she has gone crazy. In many cases, these people have been in mental institutions because of strange happenings and will do almost anything to make sure they never go back to those hellholes. Again the loss of time is what should be noticed in all of these cases. The loss of time is the key to realizing alters exist inside an individual.

8 A host person notices that her arm has multiple cuts on it. The host has no idea that she has an alter who is a cutter. She begins to think that she is crazy, loses all hope in herself and gets into drugs or booze to avoid thinking of the strange things happening in her/his life. The alter may come up regularly to get drunk and yet the host doesn't even like booze. In such cases it is conceivable that one can actually become an alcoholic without ever drinking.

9 In many cases, alters, because they have been watching from the inside for a long time, know every move of the host person. They know their private moments and everything personal about them. They know the pin numbers for credit cards and cash machines, etc..

10 Many times an alter will come forward and decide to go on a shopping spree. The host wakes up the next day with thousands of dollars worth of bills in her lap and a pile of clothes she doesn't like, equipment she doesn't need, and things she has no use for. I have seen cases where an alter spends tremendous amounts of money using the hosts credit cards, leaving the host to deal with the financial problem that occurs.

11 Another scary example.. A host who was once seriously into Satanism/witchcraft, turns from her ways and becomes a Believer, born again. On the night of a full moon, a witch alter comes up and decides to go to a coven meeting. The alter goes to the meeting, and goes through some kind of typical blood ceremony. She has a night of wild pleasures and incantations while wearing a black robe. Suddenly, at 5:00am the host wakes up in some old building out in the middle of nowhere, dressed like a freak, wondering what she or he is doing there. Again, in most cases the host is terrified of what others would think if she/he told them about this happening, so she/he says nothing to anyone, in hope that it will all just go away. Maybe it was just a bad dream. Anyone involved in any amount of satanic rituals knows all too well about this nightmare.

NOTE.....I have found that all alters possess a certain level of information about their host, the moment they are broken off. They all seem to know a basic amount of information and knowledge whether they are freshly broken off or have been around for many years. They seem to have a certain minimal amount of education in their memory banks that they can draw on. Like they are tapped into the hard drive mind/brain of the host person, even though they have no first hand knowledge of things that come before them.

12 I have had alters break off in front of me and immediately know many things that are common knowledge to most reasonably educated people. Once I witnessed an alter break off and come forward immediately. She had a name and understood what happens when you put a magnet near a nail. She knew this simple law of physics, yet, she had never seen or heard of a magnet or a nail before.

I cannot explain how these things happen, but I can assure you, it is a fact. If it weren't for my personally witnessing these things, I would find it very hard to believe. That reminds me of when a friend of mine told me (when I first met an alter), that people can have as many as 100 alters. I thought he was crazy and told him so. I later had to eat my words, when I was involved with a person who had over 1000 alters. We



eventually dealt with, and integrated all of the alters, but, I had to swallow those painful words: "I told you so".

EFFECTS ON OUR SOCIETY

Most alters have and know their name and age. They usually have names the very moment they break off. Where the names come from, I have no idea. Depending on when the incident happened, that will be the age of the alter that broke off. Example.. If a girl was raped at age 13, the alter (let's call her Cindy), will be 13 years old and act like a 13 year old teen-ager in most respects. In this case, without knowing why, a person may find themselves hating a certain look of young men because the alter inside was raped by a man with those particular attributes. The lady doesn't understand why she hates certain type men, but has an un-resistible urge to hurt them or slap them for no apparent reason. Taken to the extreme, this situation can cause serious problems when it becomes of a criminal nature.

It is my firm belief that many of the people in our jails, who truly proclaim to be innocent, really are innocent of the crime they were charged and found guilty for. You can imagine the significance of this in the world around us. Eg.. In court, eye witnesses say they saw that man do that particular thing beyond a shadow of a doubt, and yet the host person had nothing to do with that event. The host person was totally innocent because the alter is the one who did the action on his own free will. The host may truly have no idea what everyone is talking about, and may feel that they are going crazy or something. They hate the court system, the judge, the lawyers, etc., for punishing them for something they never did, and they can't understand how all this took place in a so-called justice system. As you can well imagine, no-one wants to go there!! No-one wants to discuss this!!!

I am 100% sure that alters are the reason why the "lie detector" is no longer admissible in court.

I might also mention the virtual reality games now on the internet. Millions of people have their own avatars in fantasy communities (worlds) inside computers. I believe there is more to it than meets the eye. Many of these people are fantasizing to be other persons, but I assure you many are alters using their own avatar to participate in weird virtual reality lives because they are stuck in their real lives.

DASYD MINISTRY "DO AS YESHUA DID" dasydministry.org Jerry Hennig (May/22)
Excerpt from Del Book.